



Worship at Des Moines First United Methodist Church

May 31, 2026 • 10:30 a.m.

OUR VISION

To be a Church that demonstrates justice, love, and inclusion for all.
All means all.

MISSION STATEMENT

To **connect** people with God, to **build** a welcoming and inclusive community that **serves** our neighbors through actions of justice and love, and to **develop** disciples of Jesus Christ.

WE ARE A RECONCILING CONGREGATION

First United Methodist Church strives to love others as Christ loves us and, in doing so, to be the Body of Christ in word and deed.

As the Body of Christ, we welcome and affirm all of God's children, knowing that each is created in the image of God. We celebrate God's gift of diversity and value the wholeness made possible in community, equally shared and shepherded by all. We welcome and affirm people of every gender identity, gender expression, and sexual orientation, of every age, race, ethnicity, physical and mental ability, level of education, and family structure, and of every economic, immigration, marital, and social status, and more. We acknowledge that we live in a world of profound social, economic, and political inequities. As followers of Jesus, we commit to pursuing justice and pledge to journey in solidarity with all who are marginalized and oppressed.

LAND ACKNOWLEDGEMENT

The land on which the First United Methodist Church building sits, the land which we occupy when we worship, was once the home of the oBaakiiwaki-hina-ki (Sauk), the Meskawaki-asa-hina (Fox) and the Baxoje Maya (Ioway). We honor them.

*If it is comfortable for you, please stand wherever there is an *.*

UMH = United Methodist Hymnal (red book); TFWS = The Faith We Sing (black book)

*Congregational Responses in **bold***

THE GATHERING

PRELUDE

“Sonata No. 5 Mo. 1”

Sidney Shide

Ludwig van Beethoven

WELCOME, ANNOUNCEMENTS

Eloise Cranke

This is the day the Lord has made! **Let us rejoice and be glad in it!**

SHARING JOYS & CONCERNS

Pastor LaTonya

PRAYERS FOR OTHERS • THE LORD’S PRAYER

Almighty God, we offer up these people and situations in our world today. For those who need the necessities of life: food, clothing, shelter, relationships.

Lord, in your mercy, hear our prayer.

For those suffering sickness and disease, be it physical, mental, or spiritual.

Lord, in your mercy, hear our prayer.

For those who have suffered tragic events or natural disasters.

Lord, in your mercy, hear our prayer.

For our world, those in war-torn countries, for the political & theological divides.

Lord, in your mercy, hear our prayer.

For those who are grieving a loss, no matter the time frame.

Lord, in your mercy, hear our prayer.

For those who are in abusive/evil situations & suffer violence & endure trauma.

Lord, in your mercy, hear our prayer.

For those suffering from addiction.

Lord, in your mercy, hear our prayer.

For those fighting the injustices of this world.

Lord, in your mercy, hear our prayer.

For those who find it difficult to believe in the power of the Resurrection.

Lord, in your mercy, hear our prayer.

Receive all of these prayers, O God, and those still resting on our hearts, minds, and souls. We offer these prayers with the prayer that Jesus taught us.

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.

ENTERING WORSHIP

*CALL TO WORSHIP

by Dr. Lisa Hancock

Eloise Cranke

The grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you all.

And also with you.

On this Trinity Sunday, we come to praise the Triune God—Father, Son, and Holy Spirit!

We praise God who creates, redeems, and sustains all creation!

We come to wade into the depths of the divine mystery of God, the One-in-Three and Three-in-One.

We seek an ever-deepening faith in God who creates, redeems, and sustains all creation!

We come to witness the interconnectedness of the Triune God, to marvel at the divine dance of partnership and cooperation.

We receive the invitation to join the divine dance of God who creates, redeems, and sustains all creation!

Come, let us worship the Triune God—Father, Son, and Holy Spirit!

Come, let us worship the Triune God who creates, redeems, and sustains all creation!

*OPENING HYMN

“Holy, Holy, Holy! Lord God Almighty”

UMH#64

*OPENING PRAYER

Adapted from Richard Fairchild

Eloise Cranke

Lord God, you who create us, and redeem us, and sustain us. We rejoice that you have chosen us to be your own and that you visit us and dwell with us and open to us the way to abundant life. We are full of awe and wonder at what you have done and what you continue to do. By your Word, the heavens and the earth were made. By the bounty of your mercy in Christ Jesus, we have been born to new life. Your Spirit fills the whole world with your loving kindness and gives us the power we need to be your witnesses and to lift up your Holy Name. Blessed are you, O God, and blessed are all who live in you. Help us today to joyfully proclaim our faith and to worship you as you deserve. We ask it in the name of Jesus, who lives and reigns with you and the Holy Spirit, one God, now and forevermore. Amen.

RECEIVING GOD'S WORD

CHILDREN'S TIME

Pastor LaTonya

Sing "Jesus Loves Me" UMH # 191 while children come forward

ANTHEM

"The Twenty-Third Psalm"

Jennifer Shide

by Albert Hay Malotte

GOSPEL LESSON

Matthew 28:16-20

Pastor LaTonya

Page 28, New Testament (back portion of the pew Bible)

This is the Word of God for the People of God. **Thanks be to God!**

SERMON

"IN THE NAME OF THE FATHER, SON, & HOLY SPIRIT"

Pastor LaTonya

RESPONDING TO GOD'S WORD

Please join me in a moment of prayerful reflection.

Pastor LaTonya

You are now invited to join me in this prayer of confession:

The act of confessing our sin is not simply a recitation of our faults and wrongs, but also an opportunity to receive God's mercy and share in that abundant grace. As heirs of God, let us come to lay before God our sin and wrongdoings and lack of faith. Let us come with hearts that seek newness.

Moment of Silent Confession



Use our QR code for donations. Enter amount, select one-time or recurring, choose where to direct your gift (general budget defaults), select your payment options, then fill in other fields. Thank you!

How do you scan a QR code?

1. Open the Camera app on your smart phone.
2. Hold the phone so the QR code appears in the view.
3. Tap the notification to open the link associated with the QR code.

OFFERTORY MUSIC

“Improvisation”

Sidney Shide

by Sidney Shide

***DOXOLOGY | SONG OF PRAISE**

Bless Thou the Gifts

UMH #587

**Bless thou the gifts our hands have brought;
bless thou the work our hearts have planned.**

Ours is the faith, the will, the thought; the rest, O God, is in thy hand.

THANKSGIVING PRAYER

Pastor LaTonya

SENDING FORTH

***CLOSING HYMN**

“Go, Make of All Disciples”

UMH#571

***BLESSING**

by Dr. Lisa Hancock

Pastor LaTonya

Go now in the blessing of the Triune God who draws you into the divine dance, inviting you to partner in God’s life-giving work to bring flourishing and abundant life to all creation!

O God, may it be so! Amen!

***EXTINGUISHING THE CHRIST CANDLE**

Please be seated for the postlude

POSTLUDE

“JESUS CHRISTUS, UNSER HEILAND, ER DEN TOD UBERWAND”

Sidney Shide

JS BACH

Go in Peace

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PARTICIPANTS IN WORSHIP

Preacher Pastor LaTonya
Worship Leader/Liturgist Eloise Cranke
Children’s Church..... Laurie Hoskins
Greeters Leslie Gesaman, Jacque Coulson
Ushers..... Craig Strayer, Ron Roulet
Song Leader Jennifer Shide
Organist/Pianist Sidney Shide

FIRST CHURCH STAFF

Rev. LaTonya Calderon • Pastor pastorlatonya@dmfirstchurch.org
Jennifer Shide • Music Director jfootesings@msn.com
Amanda Claussen • CCYC Director director@creativecenterforyoungchildren.org
David Calderon • Administrative & Fiscal Officer..... officemanager@dmfirstchurch.org
E. David Solís • Production & Creative Manager productionmanager@dmfirstchurch.org
Sidney Shide • Organist
Timothy Poppert • Custodian
Renea Losee, Jill Fresh • Nursery Care

NEWS, ANNOUNCEMENTS & MORE!

NEWCOMERS, WELCOME!

If you are here for the first time, we have a small gift bag for you at the parking lot door. After worship, meet new friends at "Coffee Time" in Kenyon Hall. Everyone is welcome!

INTERESTED IN MEMBERSHIP?

If you want to learn more about joining First UMC, please speak to Pastor LaTonya. We welcome and invite all to join our faith community.

PACESETTERS CLASS – ADULT CLASS

Join us Sunday mornings at 9:00 am, Lower -Level Room 104, for coffee and treats with a program at 9:15 am. Ned Johnson leads the group with a discussion of issues presented and occasional guest speakers. Please join us!



CHILDREN’S SUNDAY SCHOOL will return in September

First Church offers a variety of options for youth and adults. **Laurie Hoskins** leads Children’s Church for **youth age 3+ during Worship**. Nursery care is available for those under 3, so parents may attend an adult class. Both meet at the lower level in the education wing.

Peace With Justice Sunday



On May 31st, we will recognize Peace With Justice Sunday, one of the special Sundays of The United Methodist Church. Each year on this special Sunday, United Methodists across the globe give offerings to promote peace all over the world.

The world is full of conflict, division, and injustice. Peace with Justice Sunday reminds us that the church has a role to play in making things right. United Methodists believe that working for peace means addressing the deeper causes of conflict—like poverty, racism, and oppression. It's not just about ending war, but about building

a world where everyone is treated with dignity.

Peace with Justice Sunday matters because it equips United Methodists to advocate for change and support ministries that challenge systems of inequality and violence. Your generosity supports real change—both in your own community and around the world.

Here's how the money is used:

- Annual Conference Ministries (50%)
Half of the funds collected stay local and support ministries that promote peace, fairness, and education where you live. Many areas also have a Peace with Justice Coordinator who helps lead local advocacy and learning opportunities. Learn more about local ministries at <https://www.umcjustice.org/who-we-are/annual-conference-connections>
- Ministries and Grants (50%)
The other half supports United Methodist efforts across the U.S. and beyond. Grants are available to churches and organizations working on initiatives that promote peace, challenge injustice, and empower underrepresented communities—especially Ethnic and Minority Local Churches.

Prayerfully consider giving to this special offering. Every contribution helps support

Thank you

Article from UMC Communications Webpage

 **Help Us Share a Little Kindness!**   



The Mission & Social Concerns Committee is excited for an opportunity to bless the teachers and staff at Edmonds Elementary as they wrap up another school year of serving, encouraging, and investing in students each day.

Our goal is to show our appreciation for their dedication by gifting **Smokey Row gift cards** along with notes of encouragement and gratitude.

If you would like to help us spread a little kindness, we invite you to contribute toward this special gesture of appreciation. **Checks can be made payable to First United Methodist Church or FUMC with “Edmonds” in the memo line, or cash may be placed in an envelope marked “Edmonds.”**

Donation deadline: May 31st

Together, we can remind these educators and staff members that their hard work, compassion, and dedication truly make a difference in the lives of children each day. Thank you for helping us love and support those who pour so much into our community!

Young Adult Gathering

The next gathering will be on **June 28th** from 11:45 a.m.–12:45 p.m. This is a great opportunity to get acquainted with other young adults and spend time with our pastor. Friends are welcome!

For more information, please contact Pastor LaTonya or Kristen Isaac.

CELEBRATE MFSA’S 50TH ANNIVERSARY!

MFSA (Methodist Federation for Social Action) will celebrate the Iowa Chapter’s 50 th Anniversary, and you’re invited to join the celebration. At the event, Pastor Denny Coon will be awarded the Social Action Award for 2026, and Mark Stringer, Executive Director of ACLU Iowa, will be the keynote speaker.

The event will be held on Friday, **June 12th, at 6:00 pm** at the West Des Moines Hilton Garden Inn, 205 S. 64th Street, West Des Moines, IA.

Tickets are \$50.00. For more information and to register, please contact Jean Swenson at: J_swenson1954@yahoo.com , or call her at: 515-393-7251. See you there!

Support Our Oakridge Neighbors



You have been reading about our immigrant neighbors at Oakridge and their food insecurity. You can help! Each month we will ask for donations of a food item and a non-food item. There will be a table available in Kenyon Hall for you to place your donations. For the month of June, we are asking for bags of dried beans (garbanzo, black, pinto, kidney, lentils, great northern) and packages of toilet paper. Your gift can help a family keep hunger at bay. ❤️ ☹️

Everyone is invited to the *Celebration of Ministries!*

This year's *Celebration of Ministries* is kicking off with an exciting World Cup theme! Join us for the Kindom Cup 2026 as we celebrate the incredible work happening across Iowa—highlighting our shared purpose, vibrant ministries, and strong sense of community in a fun, high-energy atmosphere inspired by the unifying spirit of our United Methodist connection!

Friday, June 12th

RecPlex, 6500 Grand Ave, West Des Moines, IA 50266

3:30 – 5:30 PM

Everyone is invited!

Whether you're a pastor, lay leader, volunteer, or church member—you are part of the team, and we want you on the field with us!

Experience the joy of connection across our conference

Special recognition for the largest local church delegation!

Don't wait—register as soon as possible!

Help us prepare for an unforgettable event and secure your spot today. To register, please use the QR code on the poster.

Registration deadline is Monday, June 1st.

Scan QR with your phone to register



Rev. Julie Poulsen, who attends First UMC, is chair of the Conference Board of Higher Education and Campus Ministry which includes campus ministries at Simpson, Morningside, Cornell, and Wesley Foundations at Iowa City First UMC, Cedar Falls/ThreeHouse and Ames/Collegiate UMC. Students and chaplains from our campus ministries will make a presentation during this Celebration.

First church note: This year, our church organist, Sidney Shide, will be playing organ for worship at the Iowa Annual Conference, June 11-14, at the Rec Plex in West Des Moines. You are invited to attend worship and ordination on Sunday, June 14, to hear Sidney play! Worship starts at 9:00 am

Mission U

Mission Celebration Dinner

Fri. July 17th 5:30 pm at Ankeny First Uptown Campus - 208 SW Walnut Street, Ankeny, Iowa.

- Hors d'oeuvres and music: 5:30 pm
- Dinner begins: 6:15 pm
- Program following dinner, including celebrating the 125th anniversary of Mission u

Mission u

Sat. July 18th, 8 am – 4 pm at FFA Enrichment Center, Ankeny DMACC campus, 1055 SW Prairie Trail Parkway, Ankeny, Iowa 50023.

Register Here - <https://na.eventscloud.com/871144>



Order your copy of the book
A DEEP KNOWING: Experiencing Emmanuel Through Every Part of Our Lives at: [amazon.com/s?k="uwfaith"](https://amazon.com/s?k='uwfaith')

We are using the Adult curriculum.

Study Leaders:

Pastor LaTonya P. Calderon, Becky Coleman, Patti Ford, Deaconess-Home Missioner Kim Harris, and Dr. Lorna Leavitt

Weaving in June



Mat #7 has been started, and we will soon be using two looms!

Saturday morning, June 13, 9:30-11:30.
Join us to see how it's done!

Everyone is welcome! Donuts and coffee are provided.



PRIDE WEEKEND

The annual Pride Celebration in Des Moines will be June 12-14. On Sunday, June 14, there will be an ecumenical worship service again. We will live-stream that worship service here at First UMC so that our congregation can participate. That service will begin at 10:00 am.

CCYC is Now Enrolling 2's, 3's, and Preschoolers!

We're excited to share that CCYC is currently enrolling for 2's, 3's, and Preschool programs!

If you know a family looking for **loving, high-quality childcare** in a nurturing and engaging environment, we'd be thrilled to welcome them to our CCYC family.



✨ *Spaces are limited—contact us today to learn more or schedule a visit!*

SPECIAL RECYCLING AT FIRST CHURCH

Did you know that you can bring the following items to First Church for Recycling? Containers for these recyclable items are available in the Narthex. Thank you for doing your part to keep toxic waste out of the landfill.



- AA, AAA, C, D & 9 Volt Rechargeable & Alkaline Batteries
- Hearing Aid Batteries
- CFL Light Bulbs (the swirly bulbs)
- Prescription Eyeglasses
- Ink Cartridges



THE CONNECTION CAFE COLLECTION BOX FOR NEEDED ITEMS

April - June. = Napkins

The Bridge Board thanks you for helping! Your contributions are definitely making a difference. Please deposit donated items in the collection box in the Narthex outside the Sanctuary. First Church does not allow Styrofoam products! Direct questions to one of the Bridge Board members from our church—Pastor LaTonya, Lesley Gesaman, Ned Johnson, or Kay Pudil.

Thursdays in Black

In every country, gender-based violence is a tragic reality. This violence is frequently hidden, and victims are often silent, fearing stigma and further violence.

We all have a responsibility to speak out against violence, to ensure that women and men, boys and girls, are safe from rape and violence in homes, schools, work, streets – in all places in our societies.

The campaign is simple but profound. Wear black on Thursdays. Wear a pin to declare you are part of the global movement resisting attitudes and practices that permit rape and violence. Show your respect for women who are resilient in the face of injustice and violence. Encourage others to join you.

<https://www.oikoumene.org/what-we-do/thursdays-in-black>

Simpson Youth Academy



The Simpson Youth Academy is a unique program on campus that allows rising high school juniors and seniors to explore their faith and prepare for college.

At the Simpson Youth Academy we believe that young people have power and gifts that are essential for the healing of the world, not just in the distant future, but now. Grounded in the Christian tradition and utilizing resources from the United Methodist Church, we are an ecumenical community of youth and adult mentors who explore deep faith-related questions and take action, in order to equip youth to live into their callings as agents of peace and justice in the church and world.

How Does SYA Work?

SYA brings 25 high school students to live and learn on Simpson’s campus from **June 20-28, 2026**. Students will get a taste of college life, explore deeper questions about faith and social justice, connect with supportive peers and mentors, and explore the question “what do I want to do with my life?” This includes living in the dorms, sitting in on college classes, taking service trips into the community, and learning to lead in service and worship settings. After the summer, students are invited to engage in ongoing SYA activities like retreats and Zoom calls. But the only requirement is to attend the summer residency. Everything else is optional!

How Do I Apply?

We want the application process to be smooth and easy, and we want you to have all the info you need! So if you want to explore applying, reach out to SYA’s director, Rev. Eric Rucker at eric.rucker@simpson.edu.



THIS WEEK ^{at} GLANCE



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- Sun, May 31** **9:00 am**, Pacesetters Class, *Main Floor*
10:30 am, **Worship**, *Sanctuary, Main Floor*
 After Church Fellowship Time, Kenyon Hall Main Floor
10:45 am, Children's Church, *Rm E114 Lower Level*
- Tue, Jun 2** **1:00 pm**, Reconciling Ministry Network, *Conf. Rm. 1*
- Wed, Jun 3** Bulletin Announcements & CrossNote Articles Due

First United Methodist Church • 1001 Pleasant Street • Des Moines, IA 50309

PH: 515-244-6209 • FAX: 515-282-6106 • www.DMFirstChurch.org

Guest Wi-Fi Password • Welcome!



Facebook.com/dsmfirstchurch
Instagram.com/dsmfirstchurch

Church Bulletin Notice

Having Trouble Hearing the Worship Service?

We want everyone to be able to fully participate in worship. If you have experienced any difficulty hearing the service—whether it's the microphone volume, speakers, or overall sound quality—please let us know.

Your feedback will help us make improvements so that everyone can clearly hear the message and music.

If you have had any issues hearing during the service, please contact **Jennifer Shide** or **David Solis** and share your experience.

Thank you for helping us improve our worship experience for everyone!

Have a Blessed Day